

ELC22 South Arts

Suggested Journal Prompts

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You have been given a journal as part of your ELC care package. We encourage you to use this journal to reflect, take notes, doodle, etc. throughout the ELC program and beyond. This can be a life-altering experience that may require documentation. Maybe you've never journaled - use it if it resonates, feel no shame if it doesn't. Use the prompts below as you see fit - take them or leave them. They are meant to be a guide for reflection and exploration, only.

Prior to Day 1:

- Reflect on when you applied for this program. Why were you drawn to it? What did you hope to gain from your participation?

OR

- Are there any particular points that strike you from the reading? Why?

OR

- Use this space to brainstorm and write up your mission and vision as a leader.

Day 1:

- What are your big takeaways from the first day? Was there anything that surprised you? Inspired you? Angered you? What are your initial impressions of the folks you encountered today?

Day 2:

- Review the self care worksheets and take a moment to work on one or both.

OR

- Today focused on BIPOC leadership and the needs, boundaries, powers, responsibilities, values you have in that role. What have you learned about yourself today as a leader of color and your intersections with the bigger picture?

Day 3:

- What are your intentions for continued relationship (or not) with your cohort, South Arts, the faculty, staff, and/or the field of arts administration? What opportunities do you see? Are there any gaps you wish would be filled?

Day 4:

- Council hours serve as an opportunity for group mentorship. Do you currently or did you have a mentor in your life/career? What did you/do you gain from that relationship? Have you served as a mentor to another? In these experiences, do you think that mentorship plays a unique or particular role in communities of color? If so, how? Why is this important to leadership development in our communities?

Day 5:

- What was it like to create a vision for the future in collaboration with your group members for your strategic foresight? Did you draw upon any real life experiences? How was your group dynamic and how did you navigate any challenges or build on the positives?

OR

- What are your initial takeaways from this program? Read through your initial entry - did you gain what you hoped for? How will you bring this experience back to your daily life?