

Quick Steps to Record Video with Your Mobile Phone



- **Avoid laptops or tablet cameras** as those are usually lower resolution.
- The camera on the back on your mobile phone is usually higher quality than the front facing camera.
- Set your **camera recording to 4K** (might be listed as 3840 x 2160). A resolution of 1920 x 1080 will also work well. Avoid 1280 x 720 if possible. This can be configured in your camera settings.
- A large source of soft light is going to be more flattering. One great location would be across from a large window with natural sunlight. **Do not sit in front of the window** or it will create a silhouette.
- Position the **camera in landscape mode**, so the image is wide, not tall. Do not film in portrait mode.
- The camera should be placed directly in front of you and not a low angle, such as below the chin (leave a small amount of space above and below your head)